

...nutritional support from the natural 'synergy' of fruits & vegetables...



## essential 8 organics® nutritional support



### KEY FEATURES

- ✓ Contains only vegetable, fruit and herb concentrates with no added fillers
- ✓ The whole product is certified organic with Australian Certified Organic to both Australian and International standards
- ✓ each teaspoon provides a significant portion by concentration of the recommended daily intake of vegetables & fruits
- ✓ rich and varied source of antioxidants
- ✓ contains a wide spectrum of key phyto-nutrients and phyto-chemicals all coming from the natural ingredients themselves. Not fortified in any way
- ✓ dairy, wheat & gluten free
- ✓ a pleasant, natural taste
- ✓ soluble in any cold beverage including water, milk & juice as a drinking powder
- ✓ can be added to any food before serving
- ✓ contains no artificial colour, flavours, preservatives or sweeteners
- ✓ suitable for children & vegetarians

### each teaspoon (4.5g) contains:

1.20g Beetroot juice powder concentrate	equivalent to 26.8g fresh Beetroot
1.00g Carrot juice powder concentrate	equivalent to 25g fresh Carrot
670mg Kale powder concentrate	equivalent to 9.8g fresh Kale
670mg Spinach powder concentrate	equivalent to 7.3g fresh Spinach
265mg Broccoli sprout powder concentrate	equivalent to 2.65 fresh Broccoli
265mg Pomegranate juice powder concentrate	equivalent to 2.04 fresh Pomegranate
265mg Apple juice powder concentrate	equivalent to 1.7g fresh Apple
265mg Grape juice powder concentrate	equivalent to 1.5g fresh Grape
120mg Phyoxidase® (a proprietary antioxidant base of Green Tea, Rosemary & Stevia Leaf Extracts)	

A freeze-dried drinking powder concentrate with a difference,

#### essential 8 organics® nutritional support

is a synergistic blend of 8 essential organic fruit & vegetables in combination with Phyoxidase®, a proprietary blend of plant-based extracts shown to be high in antioxidants and effective as a natural preservative.

All of these ingredients work together 'synergistically' to provide a high quality, ready-to-use, affordable way to ensure that the best possible nutrition, nutrition from real food, is available to rebalance any dietary deficiencies caused by a hectic lifestyle, any challenges to the immune system or simply not managing to get the recommended dietary intake of 2 servings of fruit and 5 servings of veg every day.

Naturally occurring Phyto-nutrients & Antioxidant values (1 tsp / 4.5g)	
Betacarotene	423 mcg
Catechins	30mg
Lutein	1.1mg
Polyphenols	347mg
Sulforaphane	1.7mg
Zeaxanthin	88mcg
ORAC value	>2000

Nutritional Values (1 tsp / 4.5g)	
Energy	63.85kj
Protein	0.58
Fat, total	0.2g
-saturated	0.045g
Carbohydrate, total	2.35g
-total sugars	1.3g
Ascorbic acid (Vit C)	10mg
Calcium	25mg
Potassium	126mg
Sodium	27mg
Dietary Fibre	800mg

#### essential 8 organics® nutritional support

is not meant to be a total replacement for fresh fruit & veg in your diet but to be a 'top up' as required.



Made in Australia from local & imported ingredients